

Inclusion health

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‘Inclusion health is a research, service, and policy agenda that aims to redress extreme health and social inequities among the most vulnerable and marginalised in a community.’

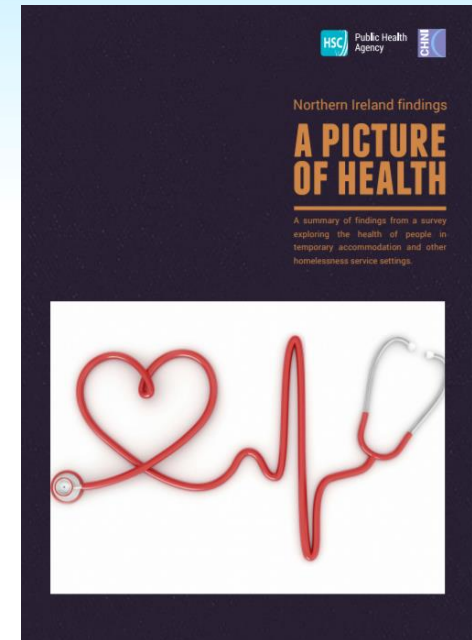
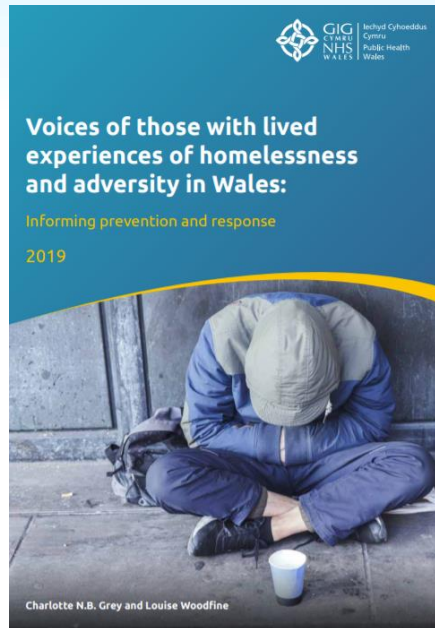


Inclusion health groups - how many individuals...?

- **320,000** homeless people, including children
- **70,000** sofa surfing
- **83,787** prisoners
- **170,559** asylum seekers
- **? 500,000** illegal migrants
- **? 300,000** Gypsies and Travellers
- **? 200,000** Roma
- **? 72,800** sex workers
- **500,000** experiencing factors of severe and multiple disadvantage
- **14 million people (1:5 of the UK population)** are in poverty

4 country perspective

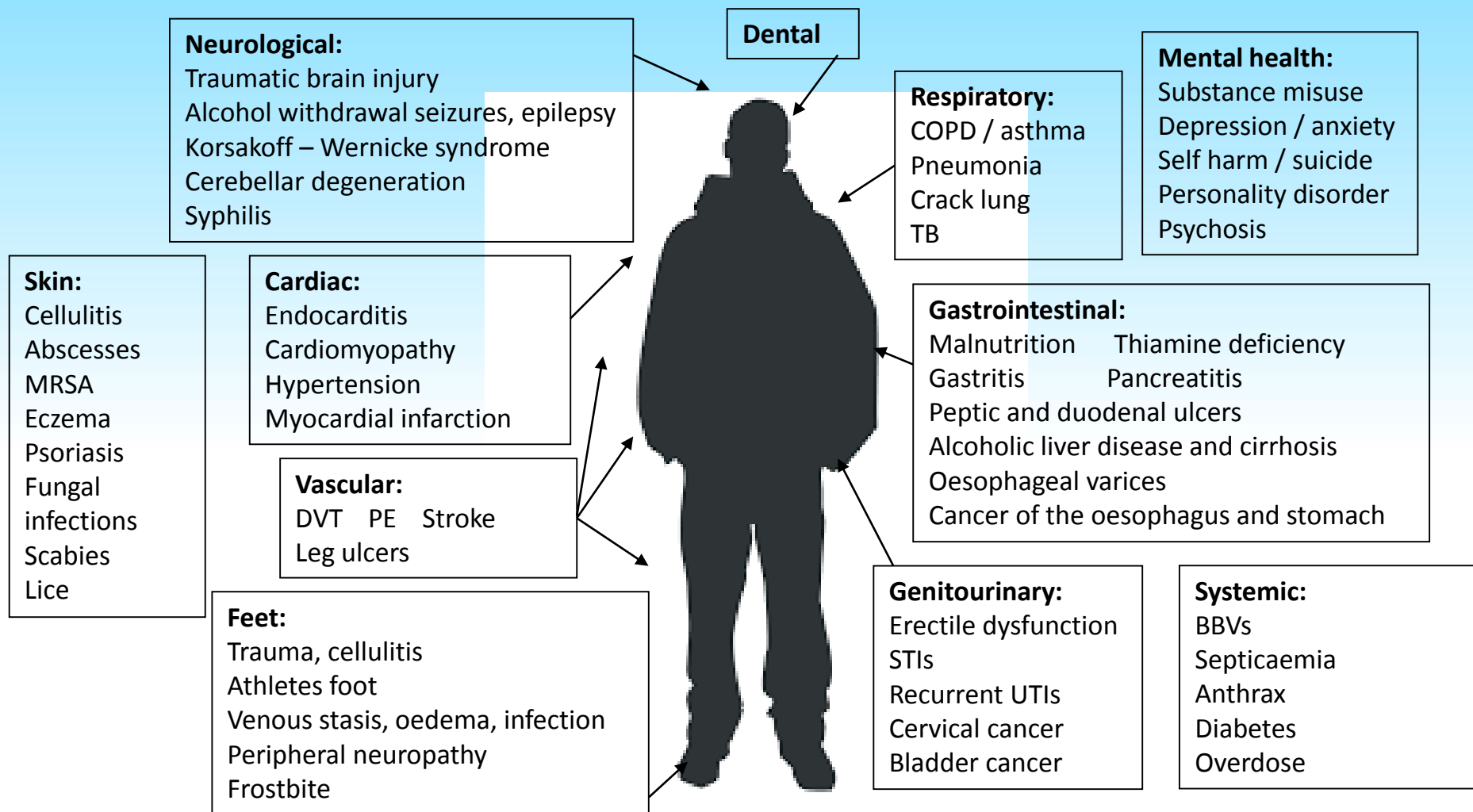
Differences in legislation and responses across countries and even across areas e.g. Homelessness Reduction Act, local connection, sex worker responses



Homelessness and Health, Complex needs & Trimorbidity

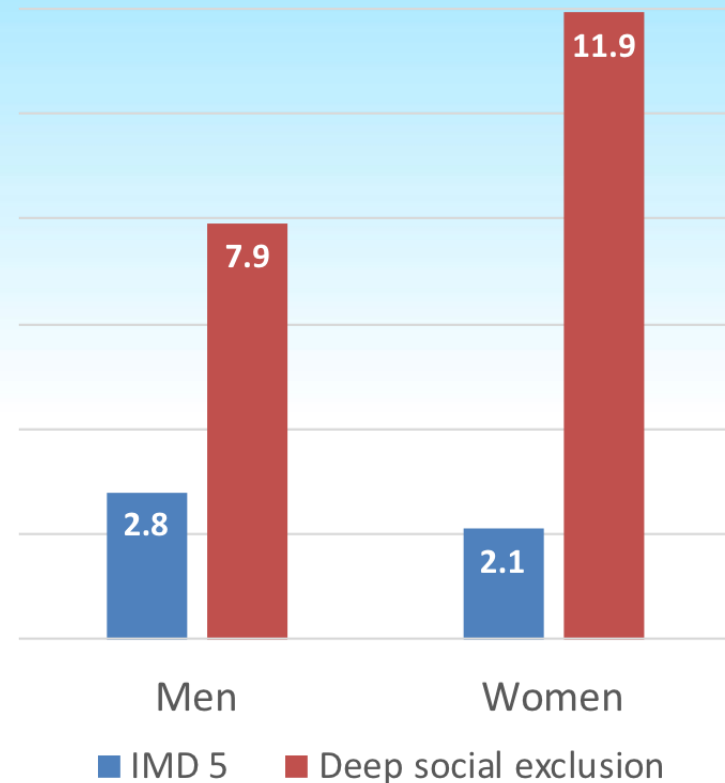
- **Substance misuse** - > 60% history of substance misuse
- **Mental health** - 70% reach criteria for personality disorder
- **Physical health** - >80% at least 1 health problem, 20% > 3 health problems
- **Onset of related functional impairment 10-15 years early**

HOMELESS HEALTH MORBIDITY



Morbidity and mortality in homeless individuals, prisoners, sex workers, and individuals with substance use disorders in high income countries

Standardised mortality ratios (SMRs)



Homelessness

Homeless deaths rise by a quarter in five years, official figures show

Office for National Statistics say estimated number rose to nearly 600 last year

Patrick Greenfield

@pgreenfielduk Email

Thu 20 Dec 2018 10:16 GMT



21,787

This article is over 1 month old



▲ The average age of a rough sleeper at death was 44 years for men and 42 years for women. Men made up 84% of homeless deaths, ONS figures show. Photograph: Christopher Furlong/Getty Images

ITV REPORT

1 October 2019 at 10:08am

Deaths of homeless people in Wales more than doubles in a year



Credit: PA Images

NHS

Figures show soaring number of homeless hospital patients

NHS Digital figures show admissions in England rose from 1,539 in 2008/9 to 10,259 in 2017/18

Sarah Marsh and Patrick Greenfield

Wed 20 Feb 2019 14.37 GMT



1,213

This article is over 1 month old



▲ Experts put the rise in hospital attendances down to cuts to services and austerity. Photograph: Yui Mok/PA

Thousands of homeless people in England are arriving at hospital with

Practitioner level barriers to care for inclusion health groups

- Patients are stigmatised⁵
- Medical reductionist model – health care managed in silos⁶
- Patients turned away from GP registration⁷
- NHS Charging Regulations⁸
- Chances to Make Every Contact Count are missed⁹
- CPD options for qualified staff are limited (on a background of inconsistent pre-reg training)¹⁰



Patient level barriers to health services engagement



- Registration barriers
- Literacy
- Language
- Complex trauma
- Acquired brain injury / cognitive issues
- Practical challenges – who will look after my dog
- Stigma and assumptions
- Power dynamics

What works

- Strengthening Primary Care provision
- Specialist hospital provision
- Step down and intermediate care
- Inter-professional education and CPD

Underpinning principles

- Every contact is an opportunity to intervene
- No one discharged from hospital to homelessness

Actions

- 1. Immediate** - Enable GP registration, provide resources for primary and secondary care to offer flexible access, and provide training
- 2. Medium term** - social prescribing and peer support, housing access from hospital and/or primary care, housing status recording
- 3. Longer term** - specialist primary care and outreach, hospital discharge teams, inclusion health post graduate training and CPD

Specialist GP practices



Outreach...

Nursing on the Streets



by

Suzey is no ordinary nurse. Thanks to the success of a recent fundraising appeal, she is now attached full time to our Street Outreach teams in Nottingham and Nottinghamshire – bringing professional care to street homeless people in often desperate situations.

Because physical and mental illnesses are so common among



The 'angel' who helps the homeless on Stafford's streets

Suzanne Rigby is part of a team trying to help homeless people get off the streets in Stafford.

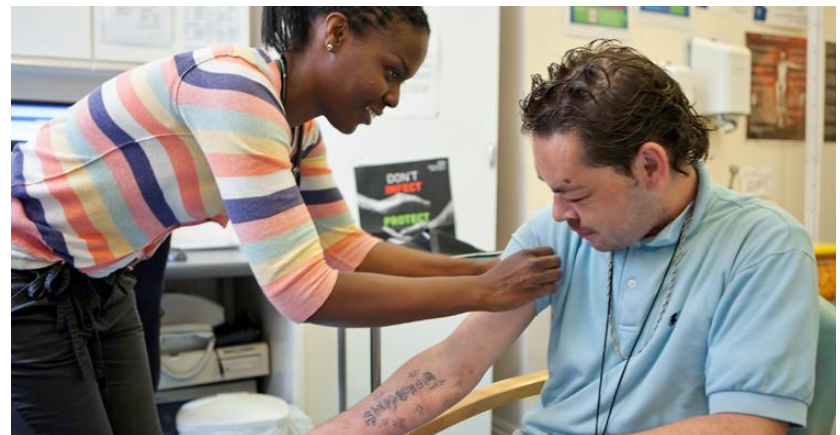
It has earned her the nickname "the Angel of Stafford".

A community matron, Ms Rigby has been working with people on the streets for the last six years.

She is part of a wider team backed by Stafford Borough Council.

Homelessness in the area has halved over the last two years, the local authority has said, bucking a national trend.

20 Dec 2018



and bus and van outreach...



Homeless health peer advocacy

The screenshot shows a web browser displaying the Groundswell website. The URL in the address bar is groundswell.org.uk/what-we-do/health/homeless-health-peer-advocacy/. The website has an orange header with the Groundswell logo and the tagline "Out of homelessness". A navigation menu includes links for "Who We Are", "What We Do", "Get Support", "Get Involved", "Newsfeed", "Blogs", "Publications", "Case Studies", and "Donate". The main content area is titled "Homeless Health Peer Advocacy". It features a large orange box with the following text: "The Groundswell Homeless Health Peer Advocacy Service (HHPA) supports people experiencing homelessness to address physical and mental health issues. We work to improve people's confidence in using health services and increase their ability to access healthcare independently." Below this, it states: "Our Peer Advocates have all experienced homelessness themselves. They go through a rigorous selection procedure (including DBS checks), attend a comprehensive training programme, and receive support and supervision to enable them to carry out the role safely." To the right of the orange box, there is a "Contact Us" section with links for "Sign Up for Our #HealthNow Newsletter", "Donate Now", and "Run the Big Half 2020". At the bottom right, there is a "Follow us" section with a Twitter icon. The Windows taskbar is visible at the bottom of the screen, showing the time as 22:57 on 26/10/2019.

Groundswell
Out of homelessness

Who We Are What We Do Get Support Get Involved Newsfeed Blogs Publications Case Studies **Donate**

Homeless Health Peer Advocacy

The Groundswell Homeless Health Peer Advocacy Service (HHPA) supports people experiencing homelessness to address physical and mental health issues. We work to improve people's confidence in using health services and increase their ability to access healthcare independently.

Our Peer Advocates have all experienced homelessness themselves. They go through a rigorous selection procedure (including DBS checks), attend a comprehensive training programme, and receive support and supervision to enable them to carry out the role safely.

Contact Us
Sign Up for Our #HealthNow Newsletter
Donate Now
Run the Big Half 2020

Follow us

'My rights to access healthcare' card

The London Homeless Health Programme, has produced a '[My Rights to Access Healthcare Card](#)' which has been distributed widely in London.

Plastic cards, designed to be carried by people who are homeless in London to remind practice staff of the national patient registration guidance from NHS England.

Patients who have difficulty registering, are advised to contact [Healthwatch](#) for support and advice.



There is no requirement for a homeless person to register with a specialist homeless practice even if there is one available

The Pathway model

- Secondary care based multidisciplinary, multi-agency care coordination for inclusion health groups
- First team launched 2009
- Now 12 teams
- Rigorous evaluation - positive outcomes in all services
- All teams recurrently funded
- Cited as best practice in NHS long term plan (p42)

<https://www.england.nhs.uk/long-term-plan/>



Step down care

Specification:

- Pastoral care, and good food
- Accessible
- Clinical space for primary health team in-reach / hospital teams to support ongoing health care needs
- Housing worker available to continue housing, benefits work
- Substitute prescribing protocols
- 'Dry' if possible



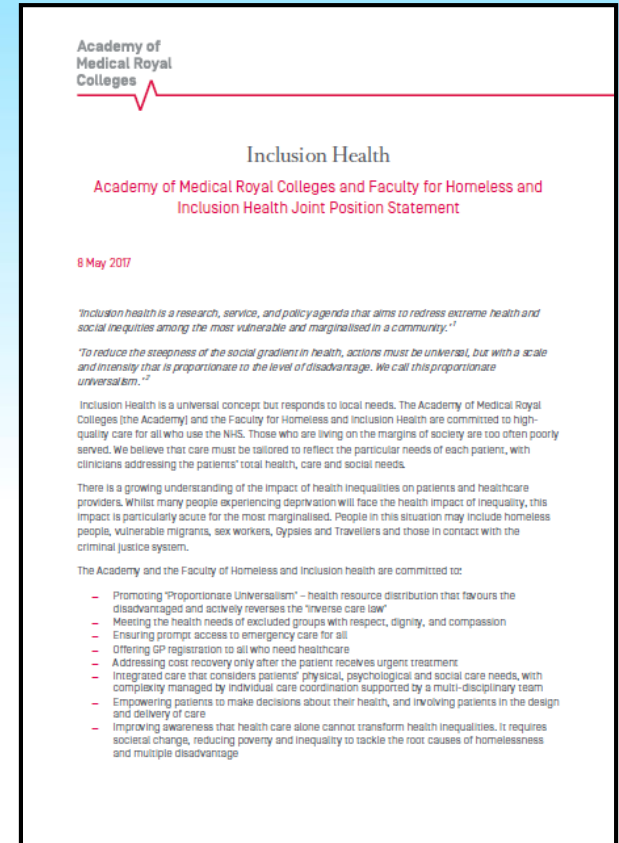
Recording housing status in health data sets

- Homelessness is rendered visible and searchable
- Health outcomes for homeless people are rendered visible
- Patient record templates already created and used
- What happens in Wales?



Inclusion health education...

- **Bite size / introduction** - PHE [Homelessness, All our Health; Health Matters – Rough Sleeping, Fairhealth](#)
- **Ongoing CPD** - [Faculty of Homeless and Inclusion Health, Queen's Nursing Institute](#)
- **Specialist modules** - [Master modules at UCL](#) ; [University of Edinburgh](#)



‘To reduce the steepness of the social gradient in health, actions must be universal, but with a scale and intensity that is proportionate to the level of disadvantage. We call this proportionate universalism.’



Numbers of inclusion health individuals

- Homelessness figures, Shelter, 2018
https://england.shelter.org.uk/media/press_releases/articles/320,000_people_in_britain_are_now_homeless,_as_numbers_keep_rising
- Prison population figures: 2019 <https://www.gov.uk/government/statistics/prison-population-figures-2019>)
- 37,453 people applied for asylum, 88,848 asylum cases 'in progress', 44,258 asylum seekers receiving government support (Asylum statistics, 2018) House of Commons Library, 2018
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