



Wales Institute of Social and Economic Research and Data

<https://wiserd.ac.uk/>

WISERD Well-Being Network

Aims and purposes, and register of members

Last updated August 2021

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I. Aims and Purposes of the network

Why has the well-being network been set-up?

The network is focussed on well-being research and has been set-up recognising two main factors which have profoundly affected well-being research in recent years.

- The increasing academic importance of well-being research for understanding civil society and its goals, coupled with the growing political significance, in Wales and elsewhere, of using well-being as a key measure of social and economic progress.
- The increasing range of well-being research undertaken, from a variety of often disparate disciplines and settings, across a wide range of subject areas, and for a number of different purposes.

What are the aims of the well-being network?

Given the above developments in well-being research, WISERD thought it timely to set-up a well-being network with the following aims in mind:

To champion interdisciplinary well-being research, drawing from a range of disciplines, for example, (but not exclusively and in no particular order): social policy, sociology, economics, social geography, political science, psychology, criminology, health sciences, pedagogy, creative arts and cultural industries, business studies, and applied social and political philosophy.

To facilitate cross-organisational and intra/inter-institutional exchanges and partnerships, concerning well-being research across a wide range of subject areas, within and between the WISERD partners, other relevant research centres, individual researchers, and including those from outside the WISERD partner institutions.

To systematically engage in co-productive research reflecting the agendas, knowledge and experience of key non-academic stakeholders in well-being research, with a view to including these stakeholders in the research process, working alongside academics, and within various professional and policy-based contexts.

To inform and positively impact the development of policy and practice across statutory and non-statutory settings, for example (but not exclusively and in no particular order), in social services, health, education, housing, income maintenance, education, youthwork, workplaces, community groups and activities, businesses and social enterprises, and other public, private, and third sector settings.

First step - compiling the network register

- We have collated a *register* here of those researchers who have become members of the well-being network.
- We have sent this register to members, beginning the process of sharing what kind of well-being research members of the network are presently engaged in,

with details about relevant organisation(s) or institution(s) that members are affiliated to and partner with, including contact details, weblinks, and so on.

- The network will update the register periodically, to ensure its currency, and with a view to using this register as a basis for supporting the above aims.
- Members are encouraged to promote the network and recruit new members, inviting potential new members to contact Steve Smith, the network lead, at steve.smith@southwales.ac.uk.

Second step – setting-up network leadership team

Network members were also invited to become part of the leadership team, with a view to reflecting a range of disciplines and organisational/institutional contexts, as well as drawing from colleagues who are in different career stages, with a mix of more senior colleagues and those who are in the earlier stage of their careers. The team will steer the overall direction of the network, and as it implements its four main aims above.

So, welcome to the new network leadership team!

Network Lead

Steve Smith: Professor, University of South Wales, steve.smith@southwales.ac.uk

Leadership Team (in alphabetical order)

Daniel Cunliffe: Associate Professor, University of South Wales, daniel.cunliffe@southwales.ac.uk

Barrie Llewelyn: Senior Lecturer, University of South Wales, barrie.llewelyn@southwales.ac.uk

Martin Steggall: Pro Vice Chancellor, Research and Student Experience, University of South Wales, martin.steggall@southwales.ac.uk

Emily Underwood-Lee: Associate Professor, University of South Wales, emily.underwood-lee@southwales.ac.uk

Sofia Vougioukalou: Research Fellow, University of Cardiff, vougioukalous@cardiff.ac.uk

Alice Vernon: Lecturer, University of Aberystwyth, amv@aber.ac.uk

Emma Wheeler: Lecturer and Doctoral Researcher, University of South Wales, emma.wheeler@southwales.ac.uk

Sarah White: Co-Founder of The Relational Wellbeing Collaborative, sarah@rwb-collab.co

II. Quick read register of members and research interests

1. Organised by name with job title, main research focus, and email address

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Alexis Bennett: Senior Research Assistant and Doctoral Researcher, focussing on behavioural neuroscience and cognitive and environmental psychology, looking at improving well-being in built environments. albennett@cardiffmet.ac.uk

Sinead Brophy: Professor, focussing on the well-being of children in primary schools, and young people of secondary school age, and maternal experiences in pregnancy. s.brophy@swansea.ac.uk

Gideon Calder: Associate Professor, focussing on philosophical understandings of how conditions of well-being apply to children, how well-being fits into considerations of fairness and social justice, and across different social groups. g.j.calder@swansea.ac.uk

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Daniel Cunliffe: Associate Professor, focussing on the Wales Government's wellbeing goal concerning the Welsh language, examining how information and communications technology (ICT) can help the Welsh language thrive. daniel.cunliffe@southwales.ac.uk

Megan Elliott: Senior Research Assistant and Doctoral Researcher, focussing on well-being as an outcome for social prescribing and how well-being may be conceptualised in health settings, and be measured and monitored. megan.elliott@southwales.ac.uk

Kathleen Galvin: Professor, focussing on the phenomenological delineation of wellbeing and its absence, examining wellbeing in different contexts, and making use of philosophical work on well-being. k.galvin@brighton.ac.uk

Britt Hallingberg: Lecturer in Health and Wellbeing Psychology, focussing on adolescent health and wellbeing, and how young people spend their leisure time in structured and unstructured activities. bhallingberg@cardiffmet.ac.uk

Katy Holloway: Professor, focussing on substance use and misuse, and drug and alcohol research, and who leads the Substance Use Research Group (SURG). katy.holloway@southwales.ac.uk

Bernadette Hurley: Founder-Executive Director of Moss Rose Cottage, focussing on The Wales School for Social Prescribing Research (WSSPR), shaping an evaluation framework and creating reporting standards for social prescribing. bernadettehurley72@gmail.com

Michaela James: Research Officer, focussing on young people's wellbeing, and how physical and mental wellbeing relates to physical activity, play, and the built environment. m.l.james@swansea.ac.uk

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Jenny Mercer: Reader in Qualitative Approaches to Applied Psychology, focussing on doctoral students' wellbeing, exploring the stressors and coping strategies adopted by doctoral students. jmercercardiffmet.ac.uk

Helen Oliver: Lecturer in Sport and Exercise Psychology, focussing on stress and well-being in the police, and evaluating physical activity programmes/interventions to support and promote well-being. hooliver@cardiffmet.ac.uk

Val Scholey: Senior Lecturer, focussing on occupational, environmental and public health, with a particular interest in workplace wellbeing being promoted in the private and other sectors. vscholey@cardiffmet.ac.uk

Stuart Scott: Programme Director MSc Occupational Safety, Health and Wellbeing, and Doctoral Researcher, focussing on work-related stress amongst headteachers in Wales, informing future interventions to reduce work-related stress. sscott@cardiffmet.ac.uk

Steve Smith: Professor, focussing on applying abstract philosophical principles concerning social values (including well-being) to social and public policy and to various professional and welfare/health practices. steve.smith@southwales.ac.uk

Martin Steggall: Pro Vice Chancellor, Research and Student Experience, focussing on Randomised Controlled Trials (Urology, Drug Trials, off-license medication use), and Qualitative research in relation to men's health. martin.steggall@southwales.ac.uk

Phil Tyson: Senior Lecturer in Psychology, focussing on all aspects of mental health and psychological well-being, most recently involved in several projects looking at the psychological benefits of physical activity. philip.tyson@southwales.ac.uk

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Sarah White: Co-Founder of The Relational Wellbeing Collaborative, focussing on how relational wellbeing links to personal, societal and ecological change, looking beyond individual psychology or behaviour to relational environments. sarah@rwb-collab.co

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Sam Wren-Lewis: Policy consultant and researcher, focussing on wellbeing and happiness measurement, collaborating with the Centre for Thriving Places, What Works Centre for Wellbeing, and the New Economics Foundation. samwrenlewis@gmail.com

Chris Woodard: Professor, focussing on issues concerning classifying philosophical theories of well-being, and what philosophical theories of well-being (and ill-being) can learn from empirical studies. christopher.woodard@nottingham.ac.uk

Brad Woolridge: Lecturer in Sport and Exercise Science and Doctoral Researcher, focussing on the wellbeing of students in higher education, and particularly on the first two years of undergraduate students degrees. bwoolridge@cardiffmet.ac.uk

2. Organised by main institutional/organisational affiliation

University of Aberystwyth

Alice Vernon: Lecturer, focussing on the history of medicine, particularly the representation of illness in literature, for example, examining the different ways the inside of the human body has been imagined and interpreted. amv@aber.ac.uk

University of Brighton

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University of Nottingham

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Other organisations

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3. Organised by main research subject areas

The following list of research subject areas organises members under these areas as suggested by their main research focus highlighted in the membership form submitted and the brief descriptors compiled from the membership form.

The list of subject areas provided is intended to reflect the range of research areas covered by the network, with members being listed under at least two subject areas deemed appropriate. Inevitably, there is an arbitrary element to this list as it could have been 'cut' differently. However, the list at least provides a starting point for understanding the multi-disciplinary aspects of our work, as well as identifying some of the key overlaps between members' interests, as related to these subject areas and the wide range of academic disciplines represented across the network.

It is anticipated that, as the network expands and evolves, so will this list of research subject areas. In short, therefore, the list below reflects a snap-shot of the members' research interests, at the time that this register was last updated.

Following from the above, the present list of research subject areas has been compiled as follows (and is presented in alphabetical order):

Art, culture, and the creative industries

Children and young people

Crime and deviance

Education

Environment

Health

Philosophy and theory-building

Psychology and mental health

Social care and social services

Social difference and inequalities

Sport and exercise

Technology

Work and employment

Art, culture, and the creative industries

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Children and young people

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Crime and deviance

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Education

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Sam Wren-Lewis: Policy consultant and researcher, focussing on wellbeing and happiness measurement, collaborating with the Centre for Thriving Places, What Works Centre for Wellbeing, and the New Economics Foundation. samwrenlewis@gmail.com

Social care and social services

Nick Andrews: Research and Practice Development Officer, focussing on developing Evidence Enriched Practice (DEEP), nurturing the well-being of practitioners, and people supported by social care services and unpaid carers. n.d.andrews@swansea.ac.uk

Barrie Llewelyn: Senior Lecturer in Creative Writing, focussing on facilitating creative workshops with people seeking sanctuary in Wales, story-telling of those reporting loneliness and social disconnection during Pandemic. barrie.llewelyn@southwales.ac.uk

Jen Lyttleton-Smith: Lecturer in Education and Post-Doctoral Research Fellow, focussing on the Evaluation of the Social Services and Well-Being (Wales) Act 2014, and the centralising of 'well-being' within public policy. Jrlyttleton-smith@cardiffmet.ac.uk

Simone Willis: Systematic Reviewer and Doctoral Researcher, focussing on assessing school counselling services in the UK, mental health interventions for care-experienced children, and occupational stress for musicians. WillisS5@cardiff.ac.uk

Social difference and inequalities

Gideon Calder: Associate Professor, focussing on philosophical understandings of how conditions of well-being apply to children, how well-being fits into considerations of fairness and social justice, and across different social groups. g.j.calder@swansea.ac.uk

Megan Elliott: Senior Research Assistant and Doctoral Researcher, focussing on well-being as an outcome for social prescribing and how well-being may be conceptualised, and be measured and monitored. megan.elliott@southwales.ac.uk

Katy Holloway: Professor, focussing on substance use and misuse, and drug and alcohol research, and who leads the Substance Use Research Group (SURG).

katy.holloway@southwales.ac.uk

Bernadette Hurley: Founder-Executive Director of Moss Rose Cottage, focussing on The Wales School for Social Prescribing Research (WSSPR), shaping an evaluation framework creating reporting standards for social prescribing. bernadettehurley72@gmail.com

Barrie Llewelyn: Senior Lecturer in Creative Writing, focussing on facilitating creative workshops with people seeking sanctuary in Wales, story-telling of those reporting loneliness and social disconnection during Pandemic. barrie.llewelyn@southwales.ac.uk

Sofia Vougioukalou: Research Fellow, focussing on the role of creative engagement and health inequalities in well-being, and the psychosocial impact of participation in creative activity and creative research methods. vougioukalous@cardiff.ac.uk

Steve Smith: Professor, focussing on applying abstract philosophical principles concerning social values (including well-being) to social and public policy and to various professional welfare/health practices. steve.smith@southwales.ac.uk

Emily Underwood-Lee: Associate Professor, focussing on contemporary feminist performance, autobiographical performance, and first person narratives in performance and the maternal and storytelling in health. emily.underwood-lee@southwales.ac.uk

Sarah White: Co-Founder of The Relational Wellbeing Collaborative, focussing on how relational wellbeing links to personal, societal and ecological change, looking beyond individual psychology or behaviour to relational environments. sarah@rwb-collab.co

Chris Woodard: Professor, focussing on issues concerning classifying philosophical theories of well-being, and what philosophical theories of well-being (and ill-being) can learn from empirical studies. christopher.woodard@nottingham.ac.uk

Sam Wren-Lewis: Policy consultant and researcher, focussing on wellbeing and happiness measurement, collaborating with the Centre for Thriving Places, What Works Centre for Wellbeing, and the New Economics Foundation. samwrenlewis@gmail.com

Sport and exercise

Michaela James: Research Officer, focussing on young people's wellbeing, and physical and mental wellbeing as related to physical activity, play, and the built environment.

m.l.james@swansea.ac.uk

Helen Oliver: Lecturer in Sport and Exercise Psychology, focussing on stress and well-being in the police, and evaluating physical activity programmes/interventions to support and promote well-being. hooliver@cardiffmet.ac.uk

Phil Tyson: Senior Lecturer in Psychology, focussing on all aspects of mental health and psychological well-being, most recently being involved in several projects looking at the psychological benefits of physical activity. philip.tyson@southwales.ac.uk

Brad Woolridge: Lecturer in Sport and Exercise Science and Doctoral Researcher, focussing on the wellbeing of students in higher education, and particularly on the first two years of undergraduate students degrees. bwoolridge@cardiffmet.ac.uk

Technology

Daniel Cunliffe: Associate Professor, focussing on the Wales Government's wellbeing goal concerning the Welsh language, examining how information and communications technology (ICT) can help the Welsh language thrive. daniel.cunliffe@southwales.ac.uk

Work and employment

Nick Andrews: Research and Practice Development Officer, focussing on developing Evidence Enriched Practice (DEEP), nurturing the well-being of practitioners, and people supported by social care services and unpaid carers. n.d.andrews@swansea.ac.uk

Helen Oliver: Lecturer in Sport and Exercise Psychology, focussing on stress and well-being in the police, and evaluating physical activity programmes/interventions to support well-being. hooliver@cardiffmet.ac.uk

Val Scholey: Senior Lecturer, focussing on occupational, environmental and public health, with a particular interest in workplace wellbeing in the private and other sectors. vscholey@cardiffmet.ac.uk

Stuart Scott: Programme Director MSc Occupational Safety, Health and Wellbeing, and Doctoral Researcher, focussing on work-related stress among headteachers in Wales, informing future interventions to reduce work-related stress. sscott@cardiffmet.ac.uk

III Other organisations members are affiliated to and partner with

(In alphabetical order, and with weblinks where provided)

[Aberystwyth Creative Wellbeing Twitter](#), University of Aberystwyth

Blogs, University of Cardiff

<https://blogs.cardiff.ac.uk/cancerservicesresearch/>

The British Association of Art Therapists (BAART)

<https://www.baat.org/>

Café Chit Chat – Creative workshops which partner women who are seeking sanctuary in Wales with local English speaking women.

Children’s Social Care Research and Development Centre (CASCADE), Cardiff University

<https://cascadewales.org/>

Centre for Alternative Technology (CAT), Machynlleth in mid-Wales

<https://cat.org.uk/>

Centre for Arts and Wellbeing, University of Brighton

<https://www.brighton.ac.uk/caw/index.aspx>

Centre for Development Studies, University of Bath

<https://www.bath.ac.uk/research-centres/centre-for-development-studies/>

Centre for Gender Studies in Wales, University of South Wales

<https://genderstudies.research.southwales.ac.uk/>

Centre for Health, Activity and Wellbeing Research (CAWR), Cardiff Metropolitan University

<https://www.cardiffmet.ac.uk/sportandhealthsciences/cawr/Pages/default.aspx>

Centre for Mindfulness Research and Practice (CMBWR)

<https://www.bangor.ac.uk/mindfulness/>

Centre for Outdoor Activity and Leisure Research (COAL)

Centre for Social Policy, University of South Wales

<https://csp.southwales.ac.uk/>

Centre for Thriving Places (CTP)

www.centreforthrivingplaces.org

Chartered Institute of Environmental Health

<https://www.cieh.org/>

Community House, Maindee, Newport

<https://communityhousemaindee.org/meet-the-team>

CONCEPT, The Nottingham Centre for Normative Political Theory

<https://www.nottingham.ac.uk/concept/index.aspx>

Cwm Taf Morgannwg University Health Board

<https://cwmtafmorgannwg.wales/>

Developing Evidence-Enriched Practice in Health and Social Care with Older People (DEEP)

<https://www.jrf.org.uk/report/developing-evidence-enriched-practice-health-and-social-care-older-people>

Domestic Abuse and Sexual Violence Research Network for Wales, University of South Wales

<https://wihsc.southwales.ac.uk/news/2021/domestic-abuse-and-sexual-violence-research-network-wales/>

Foundation Year Network

<https://foundationyear.ac.uk/>

Genial Science

<https://genialscience.org.uk/>

George Ewart Evans Centre for Storytelling, University of South Wales

<https://storytelling.research.southwales.ac.uk/>

Health and Care Research Wales

[HAPPEN - Network - \(happen-wales.co.uk\)](https://happen-wales.co.uk)

Health & Safety Expert Panel of Welsh Local Authorities

Health Behaviour and School Age Children Survey

<http://www.hbsc.org/membership/countries/wales.html>

Healthy Working Lives

<https://www.healthyworkinglives.scot/Pages/default.aspx> (Scotland's version.)

Healthy Working Wales

<https://phw.nhs.wales/services-and-teams/healthy-working-wales/>

Insider Art: The arts, psychotherapy, health, community and livelihood

<http://www.insiderart.org.uk/>

Intensive Learning Academies, University of Swansea
<https://www.swansea.ac.uk/som/innovation-academy/>

Kindness Research Centre, University of Sussex
<https://www.sussex.ac.uk/research/centres/kindness/>

Llanharan Community Development Project
<http://www.llanharandropin.org.uk/>

Migration, Ethnicity and Diversity research group, University of Cardiff.
<https://www.cardiff.ac.uk/research/explore/research-units/migration,-ethnicity,-race-and-diversity-research-group>

Moss Rose Cottage, Turning I Can't into I Can
www.mossrosecottage.co.uk

New Economics Foundation
<https://neweconomics.org/>

Newport Fairness Commission
<https://www.newport.gov.uk/fairnessCommission/en/Homepage.aspx>

Oasis One World Choir.
<https://oneworldchoir.co.uk/>

People Powered Results team at Nesta.
<https://www.nesta.org.uk/project/people-powered-results/>

PRIME Centre Wales
www.primecentre.wales

Public Health and Wellbeing Research and Innovation group, Cardiff Metropolitan University
<https://www.cardiffmet.ac.uk/sportandhealthsciences/researchandinnovation/populationriksandhealthcare/Pages/Public-Health-and-Wellbeing.aspx>

Research Institute of Ethics and Law (RIEL), University of Swansea
<https://www.swansea.ac.uk/riel/>

Social Care Wales
<https://socialcare.wales/>

Social Policy Association
<http://www.social-policy.org.uk/about/the-executive/>

Substance Use Research Group (SURG), University of South Wales
[Substance Use Research Group \(SURG\)](http://www.southwales.ac.uk/research/substance-use-research-group)

Health and Care Professions Council

<https://www.hcpc-uk.org/standards/standards-of-proficiency/arts-therapists/>

1 Team Active, A sport and activity programme to improve the health, lifestyle and wellbeing of our policing family

[1TeamActive - Team Police](#)

Wales Arts Health and Wellbeing Network

<https://wahwn.cymru/>

Wales School for Social Prescribing Research, University of South Wales

www.wsspr.wales

Walk and Talk - In this project groups of refugees and people seeking sanctuary in Wales meet with local English speakers for a monthly walk in the South Wales area.

Welsh Language Technology Ministerial Advisory Board (since 2012). Welsh Government's "Welsh Language Technology Action Plan" (2018)

<https://gov.wales/welsh-language-technology-and-digital-media-action-plan>.

Wales Institute of Social and Economic Research and Data (WISERD)

<https://wiserd.ac.uk/wiserd-civil-society-research-centre>

Wellbeing in Demanding Environments (WIDE), Cardiff Metropolitan University

<https://www.cardiffmet.ac.uk/sportandhealthsciences/researchandinnovation/culturepolicyandpractice/Pages/Wellbeing-in-Demanding-Environments.aspx>

What Works Centre for Wellbeing

www.whatworkswellbeing.org

A collaboration between Cardiff University and Nesta, the innovation foundation, supporting public services in Wales to innovate.

<https://ylab.wales/programmes/health-arts-research-people>

A collaboration between Cardiff University and Nesta, the innovation foundation, supporting public services in Wales

<https://ylab.wales/using-drama-improve-equalities-dementia-care>

APPENDIX

Full membership forms with all details included

(In alphabetic order by name)

Full name: Nick Andrews
Email address: n.d.andrews@swansea.ac.uk
Institution/organisation you are employed by: Swansea University
Job role or position in this institution/organisation: Research and Practice Development Officer
Description of the type of well-being research you are/have been engaged in: Developing Evidence Enriched Practice (DEEP) - developing of a caring approach to knowledge mobilisation which nurtures the well-being of practitioners, people supported by social care services and unpaid carers
Institution's/organisation's weblink to your personal profile: DEEP website is under construction – you can find me on Swansea University website https://www.swansea.ac.uk/staff/human-and-health-sciences/public-health-policy-and-social-sciences/andrews-n/
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: <ul style="list-style-type: none">• Social Care Wales• Intensive Learning Academies in Swansea University• Robin Banerjee, University of Sussex – kindness research centre
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Alexis Bennett
Email address: albennett@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Metropolitan University
Job role or position in this institution/organisation: Doctoral Researcher, Associate Tutor, Senior Research Assistant
Description of the type of well-being research you are/have been engaged in: Combining behavioural neuroscience and cognitive and environmental psychology, looking at improving well-being in built environments through environmental interventions; focus on stress and cognitive performance, particularly in challenging/tasking contexts.
Institution's/organisation's weblink to your personal profile: None given
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: Centre for Health, Activity and Wellbeing Research (CAWR), Cardiff Metropolitan University/ groups: <ul style="list-style-type: none"> • Public Health and Wellbeing (PHWB) • Wellbeing in Demanding Environments (WIDE) • Early Career Researcher Centre ECC for Health, Activity, and WellBeing Research https://www.cardiffmetcawrevents.co.uk/about/
Any other information and/or weblinks which you think will be useful to the network https://www.researchgate.net/profile/Alexis-Bennett-5

Full name: Sinead Brophy
Email address: S.brophy@swansea.ac.uk
Institution/organisation you are employed by: Swansea University
Job role or position in this institution/organisation: Professor
Description of the type of well-being research you are/have been engaged in: Child (primary school) and young people (secondary school age), maternal in pregnancy.
Institution's/organisation's weblink to your personal profile: https://orcid.org/0000-0001-7417-2858
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: HAPPEN - Network - (happen-wales.co.uk)
Any other information and/or weblinks which you think will be useful to the network (100 words maximum) Previously Director of the Centre for Mindfulness Based Work and Research.

Full name: Gideon Calder
Email address: g.j.calder@swansea.ac.uk
Institution/organisation you are employed by: Swansea University
Job role or position in this institution/organisation: Associate Professor (see below)
Description of the type of well-being research you are/have been engaged in: I'm interested in well-being in three main contexts. Firstly: how understandings of the nature and conditions of well-being apply to children. Secondly: how well-being (including that of children) fits into wider considerations of fairness and social justice. Thirdly: how questions around well-being (including those first two kinds) apply between different groups, and across generations. My research has been both theoretical and empirical – moving from debates in social and political philosophy, through to policy implications and the lived experiences of relevant social groups.
Institution's/organisation's weblink to your personal profile: https://www.swansea.ac.uk/staff/human-and-health-sciences/public-health-policy-and-social-sciences/calder-g/ (Please note that this URL (and my job title) will change in August 2021, with an impending university restructure. I'll pass on updated details of both.)
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: Research Institute of Ethics and Law (RIEL), Swansea University (Director) Social Policy Association (Executive Member) Newport Fairness Commission (Chair)
Any other information and/or weblinks which you think will be useful to the network RIEL https://www.swansea.ac.uk/riel/ Social Policy Association http://www.social-policy.org.uk/about/the-executive/ Newport Fairness Commission https://www.newport.gov.uk/fairnessCommission/en/Homepage.aspx

Full name: Marie Clifford
Email address: Marie.clifford2@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Senior Lecturer
Description of the type of well-being research you are/have been engaged in: Impact of higher education on non-traditional students. Evaluation of professional membership of Adoption UK Teacher Network and the impact of this on adopted young people and their parents. The effectiveness of CPD for those working in mental health settings.
Institution's/organisation's weblink to your personal profile: https://staffdirectory.southwales.ac.uk/users/marie.clifford2.html
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Daniel Cunliffe
Email address: daniel.cunliffe@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Associate Professor
Description of the type of well-being research you are/have been engaged in: One of the Welsh Governments seven wellbeing goals is a Wales of vibrant culture and thriving Welsh language. My research investigates the role that information and communications technology (ICT) might play in maintaining Welsh as a thriving language. Over the past 20 years the research has moved from looking at the design of websites, to looking at peoples use of the language on social media and smartphones. Technology is deeply embedded into the lives of young people in particular, so it is important to understand how and why they use, or do not use, the Welsh language when they communication through technology. Beyond this, it is useful to examine what forms of intervention might be effective in supporting and encouraging people to use the language in these digital settings.
Institution's/organisation's weblink to your personal profile: https://staffdirectory.southwales.ac.uk/users/daniel.cunliffe.html
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network (100 words maximum) Member of the Welsh Language Technology Ministerial Advisory Board (since 2012). Involved in the creation of the Welsh Government's "Welsh Language Technology Action Plan" (2018) https://gov.wales/welsh-language-technology-and-digital-media-action-plan .

Full name: Megan Elliott
Email address: megan.elliott@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Senior Research Assistant & PhD student
Description of the type of well-being research you are/have been engaged in: We have been exploring well-being as an outcome for social prescribing and how well-being may be conceptualised, measured and monitored. Most relevant is our current project to develop the South Wales Social Well-being Scale.
Institution's/organisation's weblink to your personal profile: https://pure.southwales.ac.uk/en/persons/megan-elliott(20f2e331-51c5-4d14-8d79-e520fc377743).html
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: PRIME Centre Wales – www.primecentre.wales Wales School for Social Prescribing Research – www.wsspr.wales
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Kathleen Galvin
Email address: k.galvin@brighton.ac.uk
Institution/organisation you are employed by: University of Brighton
Job role or position in this institution/organisation: Professor of Nursing
Description of the type of well-being research you are/have been engaged in: Phenomenological delineation of wellbeing and its absence. Variety of studies examining wellbeing in different contexts. Making use of philosophical work to underpin ideas about wellbeing as neither objective nor subjective. Editing Routledge Handbook of wellbeing.
Institution's/organisation's weblink to your personal profile: <i>My profile:</i> https://research.brighton.ac.uk/en/persons/kathleen-galvin
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: <i>The Collaborating Centre for Values-based Practice in Health and Social Care St Catherine's College Manor Road Oxford, Oxford OX1 3UJ United Kingdom</i> <i>Centre for Arts and Wellbeing University of Brighton</i> https://www.brighton.ac.uk/caw/index.aspx
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Britt Hallingberg
Email address: Bhallingberg@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Metropolitan University
Job role or position in this institution/organisation: Lecturer in Health and Wellbeing Psychology
Description of the type of well-being research you are/have been engaged in: My research focus on adolescent health and wellbeing. In particular I am interested how young people spend their leisure time in structured and unstructured activities, and how these experiences contribute to health, wellbeing and development. I also have expertise in intervention development and evaluation. I have been engaged in a range of external funded projects that seek to understand and improve young people's health and wellbeing.
Institution's/organisation's weblink to your personal profile: https://www.cardiffmet.ac.uk/health/staff/Pages/Dr-Britt-Hallingberg.aspx
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: I am the Research & Innovation Lead for the Public Health and Wellbeing Research and Innovation group https://www.cardiffmet.ac.uk/sportandhealthsciences/researchandinnovation/populationriskandhealthcare/Pages/Public-Health-and-Wellbeing.aspx and I am on the management committee for the Centre for Activity, Health and Wellbeing Research (CAWR) at Cardiff Metropolitan University https://www.cardiffmet.ac.uk/sportandhealthsciences/cawr/Pages/default.aspx I am a trustee for the Llanharan Community Development Project http://www.llanharandropin.org.uk/ and a Wales member for the Health Behaviour and School Age Children Survey http://www.hbsc.org/membership/countries/wales.html
Any other information and/or weblinks which you think will be useful to the network I am also an honorary research associate at Cardiff University.

Full name: Katy Holloway
Email address: katy.holloway@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Professor of Criminology
Description of the type of well-being research you are/have been engaged in: Substance use and misuse Drug and alcohol research
Institution's/organisation's weblink to your personal profile: Pure profile
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: Substance Use Research Group (SURG)
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Bernadette Hurley
Email address: Bernadettehurley72@gmail.com
Institution/organisation you are employed by: Moss Rose Cottage
Job role or position in this institution/organisation: Founder-Executive Director
Description of the type of well-being research you are/have been engaged in: Most recently I have taken part in the WSSPR study to shape an evaluation framework and to create reporting standards for social prescribing.
Institution's/organisation's weblink to your personal profile: www.mossrosecottage.co.uk
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way. None given
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Michaela James
Email address: m.l.james@swansea.ac.uk
Institution/organisation you are employed by: Swansea University
Job role or position in this institution/organisation: Research Officer
Description of the type of well-being research you are/have been engaged in: Leading young person's wellbeing research within the National Centre for Population Health and Wellbeing Research (NCPHWR) pay particular attention to physical and mental wellbeing in relation to physical activity, play and the built environment.
Institution's/organisation's weblink to your personal profile: https://www.swansea.ac.uk/staff/medicine/research/james-m-l/
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Andrew Kemp
Email address: a.h.kemp@swansea.ac.uk
Institution/organisation you are employed by: Swansea University
Job role or position in this institution/organisation: Professor and Personal Chair in Psychology
Description of the type of well-being research you are/have been engaged in: My research includes theory development (e.g. https://doi.org/10.3389/fpsyg.2021.642093) and practical applications of this theory within the healthcare (e.g. https://doi.org/10.1016/B978-0-12-819641-0.00013-X) and education sectors (e.g. https://doi.org/10.1177/00986283211029929). Our theoretical model (GENIAL) emphasises factors within and beyond the control of the individual, linking the biopsychosocial underpinnings of wellbeing to a broader context that is consistent with, yet complementary to, multi-levelled ecological systems theory. Our work applies key principles from this theory to chronic conditions. For instance, we recently showed that people living with acquired brain demonstrate tremendous capacity for wellbeing despite great suffering (e.g. https://doi.org/10.3389/fpsyg.2021.648286). We have also developed an innovative wellbeing science module for third year undergraduate psychology students, a population characterised by significant distress. Recent findings (https://doi.org/10.17605/OSF.IO/E7ZJF) revealed beneficial impacts on student wellbeing, despite the study being conducted during a government enforced lockdown with notable rise in coronavirus cases.
Institution's/organisation's weblink to your personal profile: https://www.swansea.ac.uk/staff/human-and-health-sciences/psychology/kemp-a/
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: https://genialscience.org.uk/
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Barrie Llewelyn
Email address: barrie.llewelyn@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Senior Lecturer in Creative Writing
Description of the type of well-being research you are/have been engaged in: I have been facilitating creative workshop with people seeking sanctuary in Wales for the last 18 months. Speak to Me partnered a group of refugees and asylum seekers with local English speakers. It was a six week project which was hosted on the Treforest campus. Student photojournalists, artists and sound technicians joined us to product an exhibition of sounds and pictures which will be displayed in Oriel y Bont in September 2021. Speaking Together continued the work online during the Pandemic but it was a group for women only. Two current projects are Café Chit Chat and Walk and Talk. Joining Threads is an ongoing project to gather stories told by those who report feelings of loneliness and social disconnection during the Pandemic. Contributor to the DEEP Curriculum – a government funded project to enrich the lives of older people in social care through gathering and giving voice to their stories.
Institution's/organisation's weblink to your personal profile: https://staffdirectory.southwales.ac.uk/users/barrie.llewelyn.html https://pure.southwales.ac.uk/en/persons/barrie-llewelyn(cce3f214-17d9-4134-a6ec-1200f13dcfe5).html
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: (DEEP) Developing Evidence-Enriched Practice in Health and Social Care with Older People. I have written content for this Government Funded project.
Any other information and/or weblinks which you think will be useful to the network Current research projects are:

Café Chit Chat – Creative workshops which partner women who are seeking sanctuary in Wales with local English speaking women. The purpose of the group is to help facilitate language acquisition and integration. Real and lasting friendships have developed and a book of recipes and memoir will be published in December 2021.

Walk and Talk - In this project groups of refugees and people seeking sanctuary in Wales meet with local English speakers for a monthly walk in the South Wales area. The project is designed to foster language acquisition and friendship.

Websites are under construction.

Full name: Jen Lyttleton-Smith
Email address: Jrlyttleton-smith@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Metropolitan University / Cardiff University
Job role or position in this institution/organisation: Lecturer in Education, School of Education and Social Policy (Cardiff Met) / Post-doctoral research fellow, CASCADE (Cardiff Uni)
Description of the type of well-being research you are/have been engaged in: I currently co-lead the well-being theme of the Evaluation of the Social Services and Well-Being (Wales) Act 2014, funded by Welsh Government. I have also been engaged in work around the well-being of children in care through my HCRW post-doctoral fellowship and recently co-led a PHW research project on the well-being of unpaid carers. My particular interest lies within the implications of centralising 'well-being' as a concept within public policy and how this emerges in practice cultures and public experiences of those services.
Institution's/organisation's weblink to your personal profile: https://www.cardiff.ac.uk/people/view/37865-lyttleton-smith-jennifer
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: I remain affiliated with CASCADE in Cardiff University in order to continue leading my HCRW fellowship on the well-being and participation of children in care. The Evaluation of the Act is led by the University of South Wales, so I am affiliated with them also.

Full name: Jenny Mercer
Email address: jmercer@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Met
Job role or position in this institution/organisation: Reader in Qualitative Approaches to Applied Psychology Graduate Studies Lead (Health Sciences)
Description of the type of well-being research you are/have been engaged in: (150 words maximum): Currently leading the Doctoral Student Wellbeing Initiative at CMet. Interested in doctoral student wellbeing. Research in this area includes: exploring the stressors and coping strategies adopted by doctoral students; investigating 'community' amongst doctoral students. I am chair of the Higher Education Council for Wales, HEIR (Higher Education Investment and Recovery Fund), working group on wellbeing for PGR students and ECR researchers. Currently conducting an evaluation of an ecopsychology initiative for Montgomeryshire Wildlife Trust. Previously conducted research relating to green care and connection with nature. interested in social prescribing.
Institution's/organisation's weblink to your personal profile: https://www.cardiffmet.ac.uk/health/staff/Pages/Dr-Jenny-Mercer.aspx
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network Previously: led the Centre for Outdoor Activity and Leisure Research (COAL). Purpose was to evaluate and understand the role that the outdoors, volunteering and purposeful leisure may play in enhancing health and well-being. Within this remit we are interested in how people connect with nature, the role animals might play, the therapeutic potential of green spaces, green exercise and other green interventions (such as care farms, animal assisted programmes and green exercise). This has now been subsumed under a wider Public Health and Wellbeing research group at CMet https://www.cardiffmet.ac.uk/health/research/cha/Pages/COAL.aspx

Full name: Helen Oliver
Email address: holiver@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Metropolitan University
Job role or position in this institution/organisation: Lecturer in Sport and Exercise Psychology
Description of the type of well-being research you are/have been engaged in: Stress and well-being in the police Evaluating physical activity programmes / interventions to support well-being
Institution's/organisation's weblink to your personal profile: None given
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: Centre for Health Activity and Well-being Research – Well-being in Demanding Environments area
Any other information and/or weblinks which you think will be useful to the network Evaluating 1TeamActive – 1TeamActive - Team Police

Full name: Valerie (Val) Scholey

Email address: vscholey@cardiffmet.ac.uk

Institution/organisation you are employed by:
Cardiff Metropolitan University

Job role or position in this institution/organisation:
Senior Lecturer

Description of the type of well-being research you are/have been engaged in:
Following a career of over 20 years management experience in the private sector, I changed my focus to study occupational, environmental and public health. After studying for a BSc and MSc I developed an interest in workplace wellbeing. I have extensive experience of providing and advising on the area to a wide range of organisations, from very small (<5) to very large (>17,000). I do have some minor experience with research in the area.

Institution's/organisation's weblink to your personal profile:

<https://www.cardiffmet.ac.uk/health/staff/Pages/Valerie-Scholey.aspx>

Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way:

Chartered member of the Chartered Institute of Environmental Health
Member of the Health & Safety Expert Panel of Welsh Local Authorities

Any other information and/or weblinks which you think will be useful to the network

Healthy Working Wales <https://phw.nhs.wales/services-and-teams/healthy-working-wales/> (I worked for this service, eventually managing the whole program for 7 years before joining the university and still have links to it.)

Healthy Working Lives <https://www.healthyworkinglives.scot/Pages/default.aspx>
(Scotland's version.)

There are many others that might be useful that I could supply in future if required.

Full name: Stuart Scott
Email address: sscott@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Metropolitan University
Job role or position in this institution/organisation: Programme Director MSc Occupational Safety, Health and Wellbeing
Description of the type of well-being research you are/have been engaged in: In addition to a teaching role I am currently completing a part-time PhD exploring work-related stress among headteachers in Wales. The primary objective of the research is to inform the development of a framework to inform future interventions to reduce work-related stress among those in the profession.
Institution's/organisation's weblink to your personal profile: https://www.cardiffmet.ac.uk/health/staff/Pages/Stuart-Scott.aspx
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Steve Smith
Email address: steve.smith@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Professor of Political Philosophy and Social Policy
Description of the type of well-being research you are/have been engaged in: My main research interest focuses on applying abstract philosophical principles and arguments concerning social values (including well-being) to social and public policy and to various professional practices in the statutory and third sectors. My well-being research specifically includes examining how understandings of well-being relates to, for example, the philosophy of disability, the practice of social prescription in health settings, mental illness, pensions, and bereavement counselling. I also explore how promoting well-being relates to other social values, such as social justice, equality, fairness, diversity, freedom, and the protection of vulnerable individuals and groups. More broadly, I am interested in how the ontology of the human condition (who we are as human beings) relates to the epistemology and normativity of well-being (what we know about well-being and how we should value well-being), and notably how our conflicting experiences of time, emotion, and self-consciousness has a bearing on our experience of human well-being.
Institution's/organisation's weblink to your personal profile: https://pure.southwales.ac.uk/en/persons/steve-smith(f18ceccf-939a-4213-9b42-97574c53d73d).html
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: https://wiserd.ac.uk/wiserd-civil-society-research-centre Wales Institute of Social and Economic Research and Data http://www.primecentre.wales/ Prime Centre Wales, Wales Centre for Primary and Emergency (including Unscheduled) Care Research http://www.wsspr.wales/ Wales School for Social Prescribing Research Centre for Social Policy, University of South Wales https://csp.southwales.ac.uk/
Any other information and/or weblinks which you think will be useful to the network From 2012-2019 I was Chair of Newport City Council's Fairness Commission (Taking Fairness, Equality and Well-being Seriously) – https://www.newport.gov.uk/fairnessCommission/en/Homepage.aspx

Full name: Martin Steggall
Email address: martin.steggall@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Pro Vice Chancellor – Research and Student Experience; Strategic Lead for Health; Honorary Clinical Nurse Specialist (Urology) Cwm Taf Morgannwg University Health Board
Description of the type of well-being research you are/have been engaged in: Randomised Controlled Trials (Urology, Drug Trials, off-license medication use); Qualitative research (Men’s Health);
Institution’s/organisation’s weblink to your personal profile: Martin Steggall - Executive, University of South Wales
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: Cwm Taf Morgannwg University Health Board
Any other information and/or weblinks which you think will be useful to the network Current clinical practice (Urology) Cwm Taf Morgannwg University Health Board

Full name: Philip Tyson
Email address: Philip.tyson@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Senior Lecturer in Psychology
Description of the type of well-being research you are/have been engaged in: Generally, my research encompassed all aspects of mental health and psychological well-being, Most recently, I am involved in several projects looking at the psychological benefits of physical activity.
Institution's/organisation's weblink to your personal profile: <i>University Personal Profile:</i> https://pure.southwales.ac.uk/en/persons/philip-tyson(d2282a09-63cb-43ea-85f4-113cdf54b448)/publications.html
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Emily Underwood-Lee
Email address: Emily.underwood-lee@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Associate Professor
Description of the type of well-being research you are/have been engaged in: I research contemporary feminist performance, autobiographical performance, and first person narratives in performance and the maternal and storytelling in health, with an aspiration to impact on both the social and material conditions of women. My research is conducted through, and concerned with, contemporary performance practice. I lead on externally funded research projects including ' Performance and the Maternal ' (funded by AHRC), ' Fireside Science ' in collaboration with CUBRIC (funded by Wellcome Trust), ' Kicking Up Our Heels ' with Great Ormond Street Hospital (funded by ACE), and ' Forty Voices, Forty Years ' with Welsh Women's Aid (funded by HLF). I co-convene the Storytelling for Health conference, am a steering group member of the Wales Arts Health and Wellbeing Network. Recent publications include: 'On the Maternal' special edition of <i>Performance Research</i> (2017); 'Storytelling for Health' special edition of <i>Storytelling, Self, Society</i> (2019), <i>Maternal Performance: Feminist Relations</i> (Palgrave, 2021), and <i>Mothering: Practice, Process and Performance</i> (Routledge, forthcoming).
Institution's/organisation's weblink to your personal profile: https://pure.southwales.ac.uk/en/persons/emily-underwoodlee(8ab8d37a-6beb-42fb-a838-5249e2fe3eec).html
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: Wales Arts Health and Wellbeing Network (steering group member) https://wahwn.cymru/ George Ewart Evans Centre for Storytelling, University of South Wales https://storytelling.research.southwales.ac.uk/ Centre for Gender Studies in Wales https://genderstudies.research.southwales.ac.uk/ Domestic Abuse and Sexual Violence Research Network for Wales (founder, the network is currently being developed and does not yet have a website)
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Alice Vernon
Email address: amv@aber.ac.uk
Institution/organisation you are employed by: Aberystwyth University
Job role or position in this institution/organisation: Lecturer
Description of the type of well-being research you are/have been engaged in: I am interested in the history of medicine, particularly the representation of illness in literature. My debut non-fiction book, <i>Night Terrors</i> , examines parasomnias in science and culture, and will be published by Icon Books in 2022. I am currently working on a public engagement project and new book, <i>Inner Workings</i> , which examines the different ways the inside of the human body has been imagined and interpreted. In March 2020, I gave a talk at Wellcome Collection on the use of Renaissance anatomical diagrams in Japanese visual culture. I am involved in the new 'Aberystwyth Creative Wellbeing' research strand hosted by the Department of English and Creative Writing at Aberystwyth University.
Institution's/organisation's weblink to your personal profile: https://www.aber.ac.uk/en/english/staff-profiles/listing/profile/amv/
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: None given
Any other information and/or weblinks which you think will be useful to the network Aberystwyth Creative Wellbeing Twitter

Full name: Sofia Vougioukalou
Email address: vougioukalous@cardiff.ac.uk
Institution/organisation you are employed by: Y Lab, Cardiff University
Job role or position in this institution/organisation: Research Fellow
Description of the type of well-being research you are/have been engaged in: I am interested in the role of creative engagement and health inequalities in wellbeing. I am currently leading research on arts and health as part of the HARP programme. With funding from the Arts Council Wales, we have funded 13 collaborations between artists and health and care partners across Wales to develop creative interventions that improve the wellbeing of NHS and social care staff and service users. I am interested in the psychosocial impact of participation in creative activity and creative research methods. I have previously looked at the impact of choir participation on the wellbeing of refugees and local community members. I am also interested in health inequalities in dementia care and the impact of micro-aggressions on wellbeing. I have used creative methods and film to bring some of these experiences to the attention of health and social care professionals.
Institution's/organisation's weblink to your personal profile: https://www.cardiff.ac.uk/people/view/2471302-vougioukalou-sofia https://ylab.wales/sofia-vougioukalou
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: I work in partnership with the People Powered Results team at Nesta. https://www.nesta.org.uk/project/people-powered-results/ I am a member of the Migration, Ethnicity and Diversity research group at Cardiff University. https://www.cardiff.ac.uk/research/explore/research-units/migration,-ethnicity,-race-and-diversity-research-group I am a member of the Oasis One World Choir. https://oneworldchoir.co.uk/
Any other information and/or weblinks which you think will be useful to the network Research projects https://ylab.wales/programmes/health-arts-research-people https://ylab.wales/using-drama-improve-equalities-dementia-care https://blogs.cardiff.ac.uk/cancerservicesresearch/

Full name: Emma Wheeler
Email address: emma.wheeler@southwales.ac.uk
Institution/organisation you are employed by: University of South Wales
Job role or position in this institution/organisation: Lecturer
Description of the type of well-being research you are/have been engaged in: My PhD by portfolio process follows an action research for educational change approach. I am using arts-based methods to gather stories from Foundation Year students that specifically focus on the mental health implications of additional learning needs. I do this by making origami books with individuals and from images and voice recording make audio image recordings / digital stories as a process of getting to know the material and to identify themes. The first project launched as a community art collaboration with a focus on dyslexia and the second project is another artistic collaboration with a writer poet and has a focus on autism and social anxiety. I use my identity and specialism as an art psychotherapist to inform my work, however, the study is concerned with classroom environments and developing creative teaching approaches that support the wellbeing of all learners.
Institution's/organisation's weblink to your personal profile: https://staffdirectory.southwales.ac.uk/users/emma.wheeler.html https://pure.southwales.ac.uk/en/persons/emma-wheeler(4b06e79e-7d09-4c62-af9a-80b39b6300c9).html
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: https://www.baat.org/ http://www.insiderart.org.uk/ https://www.hcpc-uk.org/standards/standards-of-proficiency/arts-therapists/ https://communityhousemaindee.org/meet-the-team https://foundationyear.ac.uk/
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Sarah White
Email address: sarah@rwb-collab.co
Institution/organisation you are employed by: Relational Wellbeing Collaborative
Job role or position in this institution/organisation: Co-Founder
Description of the type of well-being research you are/have been engaged in: I have developed a relational wellbeing approach, based on twenty years research in south Asia and southern Africa. Relational wellbeing links personal, societal and ecological change. It looks beyond individual psychology or behaviour to the underlying conditions that promote healthy environments and happy lives. I left my post as professor at the University of Bath in 2020, to found (with my long term research partner, Shreya Jha) the RWB Collaborative. We work with organisations and communities to co-design and operationalise sustainable wellbeing strategies. The RWB approach has three key aspects: a relational ontology; a three dimensional view of the experience of wellbeing (material, relational and subjective); and attention to three key types of drivers that shape contexts that generate or undermine wellbeing (personal, societal and environmental).
Institution's/organisation's weblink to your personal profile: A wellbeing cv is on my LinkedIn site: https://www.linkedin.com/in/sarah-c-white-a057b223/ . Some publications are on https://bath.academia.edu/SarahWhite and https://www.researchgate.net/profile/Sarah-White-77/research
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: I am still linked to the University of Bath (informally, for the moment) and especially the Centre for Development Studies there.
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Simone Willis
Email address: WillisS5@cardiff.ac.uk
Institution/organisation you are employed by: Cardiff University
Job role or position in this institution/organisation: Systematic Reviewer
Description of the type of well-being research you are/have been engaged in: I am a Systematic Reviewer within the Specialist Unit for Review Evidence (SURE). I am currently working on evidence reviews in collaboration with Decipher, which assess school counselling services in the UK (Welsh Government), and mental health and well-being interventions for care-experienced children (NIHR). Future work includes a review of case-management interventions (Centre for Homelessness Impact). Previously, I have contributed to reviews for What Works for Children’s Social Care, and Health Technology Assessments (Cedar, NICE). Members of SURE work on projects developing the evidence base for Wales Covid-19 Evidence Centre (Welsh Government) and palliative care (Marie Curie Palliative Care Research Centre). Additionally, I am undertaking a PhD at Cardiff Metropolitan University on occupational stress and well-being in professional and conservatoire musicians. This research looks at the links between the occupational experiences of classical musicians and the impact on their well-being from a mixed-methods perspective.
Institution’s/organisation’s weblink to your personal profile: https://www.cardiff.ac.uk/people/view/1250642- https://orcid.org/0000-0003-3949-7651
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: Cardiff Metropolitan University – PhD Candidate
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Chris Woodard
Email address: christopher.woodard@nottingham.ac.uk
Institution/organisation you are employed by: University of Nottingham
Job role or position in this institution/organisation: Professor of Philosophy
Description of the type of well-being research you are/have been engaged in: I have written on well-being from a philosophical point of view. One of my papers was about how to classify philosophical theories of well-being, noting some problems with the standard tripartite classification (as Hedonist, Desire Theory, or Objective List theories). I have also written about hybrid theories of well-being (such as Kagan's proposal that well-being is 'Enjoying the Good') and on how we can know what is good for us. At the moment I am working on philosophical theories of ill-being, or negative well-being. I am also interested in what philosophical theories of well-being (and ill-being) can learn from empirical work on well-being.
Institution's/organisation's weblink to your personal profile: https://www.nottingham.ac.uk/humanities/departments/philosophy/people/christopher.woodard
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: I am a member of CONCEPT, The Nottingham Centre for Normative Political Theory https://www.nottingham.ac.uk/concept/index.aspx

Full name: Brad Woolridge
Email address: bwoolridge@cardiffmet.ac.uk
Institution/organisation you are employed by: Cardiff Metropolitan University
Job role or position in this institution/organisation: Lecturer in Sport and Exercise Science and PhD Student
Description of the type of well-being research you are/have been engaged in: I am completing my PhD which has researched the wellbeing of students in higher education. In-particular, the research has focused on the transition to University and the first 2 years of undergraduate students degree. The PHD has adopted a mixed methods design.
Institution's/organisation's weblink to your personal profile: I am a new full-time member of staff so do not believe a profile has yet been created. I do have a LinkedIn profile - https://www.linkedin.com/in/bradleywoolridge/
Any other organisations/institutions/centres relevant to your well-being research <u>and</u> which you are affiliated to in some way: <i>I'm a part of a research and innovation group focusing on Wellbeing at Cardiff Met.</i>
Any other information and/or weblinks which you think will be useful to the network None given

Full name: Sam Wren-Lewis
Email address: samwrenlewis@gmail.com
Institution/organisation you are employed by: Self-employed
Job role or position in this institution/organisation: wellbeing measurement and policy consultant independent scholar writer and author
Description of the type of well-being research you are/have been engaged in: Wellbeing measurement and policy: worked in collaboration with the Centre for Thriving Places, What Works Centre for Wellbeing, and the New Economics Foundation on a number of measurement and policy projects, with a focus on local measures of wellbeing Philosophy of wellbeing: PhD on the study happiness, and author of “The Happiness Problem: Expecting Better in an Uncertain World” (Policy Press, 2019)
Institution’s/organisation’s weblink to your personal profile: www.happinessproblem.com https://linktr.ee/samwrenlewis
Any other organisations/institutions/centres relevant to your well-being research and which you are affiliated to in some way: Centre for Thriving Places: www.centreforthrivingplaces.org What Works Centre for Wellbeing: www.whatworkswellbeing.org
Any other information and/or weblinks which you think will be useful to the network I’m based in mid-Wales, near Machynlleth and the Centre for Alternative Technology (CAT). I have lectured at CAT on wellbeing and alternative measures of progress, with a particular focus on the Wales Future Generations Act.